

Ysgol Bryn Onnen School
Relationships and Sexuality Policy

Written in Reference to the Welsh Government Draft Guidance (February 2019)

Introduction

The purpose of this policy is to provide all stakeholders (pupils, staff, parents / carers, governors and external organisations) at Ysgol Bryn Onnen school information about our RSE provision. At Ysgol Bryn Onnen we value every child as an individual. We recognise that all learners have rights under the 54 Articles of the United Nations Convention of the Rights of the Child (UNCRC). In particular the rights below underpin and shape our RSE curriculum and school policy:

UNCRC Article	An inclusive RSE curriculum that...
Article 2 all children have these rights	promotes equality and challenges discrimination
Article 6 the right to life and to grow up to be healthy	develops the knowledge and skills to identify and develop healthy relationships
Article 7 the right to a name and nationality	recognises the right to an identity; both gender and sexual identity
Article 12 the right to say what you think should happen and be listened to	that is flexible and responsive to the needs of learners
Article 13 the right to have information	provides / signposts to age appropriate sexual health information, support and advice
Articles 19 and 34 the right to be kept safe and protected from sexual abuse	Is both preventative and protective and follows clear safeguarding procedures

Ysgol Bryn Onnen actively participates in the Welsh Network of Healthy Schools Scheme (WNHSS) which provides a framework for the development of a whole school approach to RSE through effectively linking policy, staff, curriculum, school ethos, learner voice and the wider community.

Aims and expected outcomes of RSE

RSE at Ysgol Bryn Onnen aims to teach learners about the ways in which society, culture, technology and biology influence and affect the ability to form and maintain positive, healthy relationships. That healthy relationships are fundamental to our sense of belonging and can influence our physical, mental and emotional health. We hope that through our inclusive RSE curriculum learners will be able to develop the values, skills and attitudes to establish respectful and fulfilling relationships throughout their lives. To enable our learners to make responsible and informed decisions now and as they grow from childhood through adolescence and into adulthood.

Management of the RSE Programme

The Head teacher is the strategic lead for RSE and Mrs Emma Pawson-Williams is responsible for identifying any training needs of staff, resources, listening to learner

activities and keeping up to date with developments in the subject area by attending appropriate training. EPW will audit RSE every two years using the audit tool in appendix 1.

The Governing Body is responsible for ensuring that the RSE policy is up to date, monitored, consulted upon, effectively implemented and is widely disseminated throughout the whole school community. Seran Davies is the named governor for RSE.

RSE Curriculum

The RSE curriculum at our school is based on the latest Welsh Government Guidance “Relationships and Sexuality Education in Schools (February 2019)” and the “UNESCO International Technical Guidance on Sexuality Education: An Evidenced Informed Approach (2018)”. RSE is taught by class teachers in both discreet lessons and across the curriculum and teaching techniques will vary according to the needs of learners. Where appropriate, the programme is enhanced by external partners such as NSPCC, Hafan Cymru, School nurse etc. Delivery by external partners is planned into the RSE curriculum and the RSE values and school policy are shared with all visitors.

Ysgol Bryn Onnen uses the following resources:

- Sense CD-Rom
- Pantasaurus/NSPCC website
- Schoolbeat
- Spectrum/Hafan Cymru

An overview of our curriculum can be found in Appendix 1. We use the themes from the UNESCO International Technical Guidance on Sexuality Education as a reference.

Teaching Sensitive Issues

Some aspects of the RSE programme will be sensitive to pupils and adults and we will endeavour to lessen any concerns through our well planned programme; with access to balanced factual information. Each class will establish clear ground rules to create a balance between pupils feeling respected and safe, and protecting individual privacy. The personal beliefs and attitudes of teachers will not influence the teaching of RSE and both pupils and teachers will avoid sharing personal information. Distancing techniques will also be used to help pupils to discuss sensitive issues and develop their decision-making skills in a ‘safe’ environment. Sometimes an individual child may ask an explicit or inappropriate question. These questions do not have to be answered and can be addressed later. The school includes a question box within all RSE lessons for pupils to anonymously ask a

question. Any information that the teacher feels would support the class will be followed up in a later activity.

As part of the RSE programme in Ysgol Bryn Onnen all teachers will be consistent with the terminology used. The school has agreed to use the following terminology penis and testicles for males and breasts and vagina for females from Reception class.

Safeguarding and Confidentiality

Our RSE curriculum should support learners to be able to build their knowledge and understanding of how to recognise discrimination, abusive relationships and violence and develop an understanding of issues regarding consent. As a result learners may disclose information to school staff that cannot remain confidential. When this occurs school staff will follow the guidelines below:

- Remind learners that they cannot offer unconditional confidentiality;
- Inform learners first if staff are going to break confidentiality;
- Encourage learners to talk about any worries and concerns they have with parents/carers;
- Always follow the school's Safeguarding Policy, including the school's policy for Safeguarding Pupils who are Vulnerable to Extremism (the **Prevent Duty**), if there are child protection concerns. (Safeguarding Pupils who are Vulnerable to Extremism (the Prevent Duty) – describes the harm inflicted on children, or young people, who are exploited, or radicalised, through exposure to extremism which advocates harm, or promotes hatred, towards others.)

If a primary aged pupil discloses that they are sexually active or contemplating sexual activity then this is a child protection issue and the school's Safeguarding Procedures will be followed.

Working with parents/carers and the wider community

At Ysgol Bryn Onnen we recognise that parents / carers are crucial in the success of our RSE curriculum. We will work with parents/carers to build positive and supporting relationships in relation to the teaching of RSE. To promote this we will:

- Inform parents/carers about contents of the RSE policy, curriculum planning and resources via school newsletters, school prospectus
- Consult with parents/carers about the content of the policy and involve them in the reviewing process and
- Discuss any issues that parents may have in relation to this policy or the delivery of RSE

Parents/carers have the right to withdraw their children from all or part of the RSE programme, except that which is included in the National Curriculum. We at Ysgol Bryn Onnen would always wish to discuss any worries or concerns that parents/carers may have and would encourage them to talk to their class teacher in

the first instance or a staff member. All requests to withdraw children must be made in writing to the Chair of Governors at the school.

Signposting to Services

Learners can access a range of information and advice through:

- Sharing relevant services via the RSE programme in years
- The school's wellbeing / support centre
- Nurture Club

Listening to Learners

The RSE curriculum at Ysgol Bryn Onnen is flexible and responsive to the issues and questions that may arise during lessons. School staff will respond in an age appropriate and respectful way. There will also be the opportunity for pupils to take part in learner-led, teacher supervised research. The views of learners regarding the RSE curriculum will be sought through annual pupil surveys in years 2 and 5 and pupil led learning walks.

Monitoring and Evaluation

The RSE curriculum will be monitored and evaluated by EPW and annually using the audit tool in appendix 2 to ensure that it remains relevant and up to date.

Date of Policy 18.10.19

Review Date of Policy 18.10.21

Date of Audit 18.10.19

Review Date of Audit 18.10.21

All themes contained within the UNESCO technical guidance are covered in the curriculum overview below e.g Relationships, values rights and gender.

Appendix 1

Health and Wellbeing Area of Learning and Experience Overview

	AUTUMN TERM 1	AUTUMN TERM 2	SPRING TERM 1	SPRING TERM 2	SUMMER TERM 1	SUMMER TERM 2
	SEAL New Beginnings	SEAL Getting on and Falling out Courage, Freedom, Appreciation, Tolerance	SEAL Respect	SEAL It's good to be me! Love, Caring	SEAL Relationships Understanding	SEAL Changes Quality, Respect
NURSE RY Gwent Wildlife Trust, Designed to smile, Nurture Provision, KiVA, P.E., Daily Mile	Working with parents-transition SRE- Understanding families- who is in your family? Draw, compare, discuss	Anti Bullying Week Keeping Healthy Feeling Poorly – www.healthyschools.wales	Friends (SENSE CD Rom-KS1- Enjoying and achieving/Friendship)	SRE- Body Parts Floor mat and labels (gradually introduce labels over the half term) Appropriate and inappropriate touch www.nspcc.org.uk Watch pantosaurus video	Healthy Eating Week BNF - (Hydration and sleep) www.britishnutritionfoundation.org.uk Fruit and veg printing, fruit and veg tasting e – Bug Lesson – Horrid Hands www.e-bug.eu	Hygiene - www.healthyschools.wales
	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz
RECEPTION Gwent	Myself. My body names Appropriate and	Healthy Food – Welsh Language resources -	Friendship E-Bug Lesson – Super Sneezes	Babies and growing up People Who Help Us -	Healthy Eating Week BNF - (Hydration and sleep)	Keeping Fit – hydration and sleep Don't Touch,

Wildlife Trust, Designed to smile, Nurture Provision, KiVA, P.E., Daily Mile	inappropriate touch www.nspcc.org.uk Watch Pantosaurus video and create Pants template.	Twinkl Anti Bullying Week		www.healthyschools.wales	www.britishnutritionfoundation.org.uk Our Family	Don't Taste - www.healthyschools.wales
	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz
YEAR 1 Gwent Wildlife Trust, Designed to smile, Nurture Provision, KiVA, P.E., Daily Mile	School expectations . Behaviour, rules....	What makes a good friend? Healthy eating E-Bug Lesson – How Clean is Your Kitchen? Anti Bullying Week	Express different emotions www.nspcc.org.uk Draw around a friend-body parts puzzle Appropriate/inappropriate touch Being Healthy, Your Body - www.healthyschools.wales	Understanding their own Welshness and being part of the community	Healthy Eating Week BNF - (Hydration and sleep) www.britishnutritionfoundation.org.uk Show care and affection towards others and their environment	Treat others from different cultures with respect/learn about these cultures Safe Medicines - www.healthyschools.wales
	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz
YEAR 2 Gwent Wildlife Trust, Design	Being a good friend. Feelings.	Different religions Anti Bullying Week Peer Group Pressure -	www.nspcc.org.uk Create a PANTS rules poster. Appropriate and	Keeping fit and physical changes Hazardous Substances - www.healthyschools.wales	Healthy Eating Week BNF - (Hydration and sleep) www.britishnutritionfoundation.org.uk	Developing our Welsh identity. Using stories eg Wendi Wlanog

ed to smile, Nurture Provision, KiVA, Kerbcraft, P.E., Daily Mile		www.healthyschools.wales	inappropriate touch	yschools.wales	uk Challenging Stereotypes E-Bug Lesson – Anti-biotic Awareness	
	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz
YEAR 3 Gwent Wildlife Trust, Nurture Provision, KiVA, P.E., Daily Mile	Growing up and keeping safe DVD section 3- Friendship E-Bug Lesson – Hand Hygiene	Internet Safety- Stay SMART www.schoolbeat.org Anti Bullying Week	Healthy Choices Tobacco and Passive Smoking - www.healthyschools.wales	Appropriate and inappropriate touch Family Diversity and challenging stereotypes. Stonewall Poster and challenging gender cards (see EPW)	Healthy Eating Week BNF - (Hydration and sleep) www.britishnutritionfoundation.org.uk Sense CD ROM - Growing Up and Keeping Safe – Section 5 - Money	Risks - www.healthyschools.wales
	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz
YEAR 4 Gwent Wildlife Trust, Nurture Provision, KiVA, Swimming, Safe	Bereavement, Fostering and Adoption. Sense CD- Economic and Social Wellbeing E-Bug Lesson – Oral Hygiene	Safety/Abuse Friend or Foe www.schoolbeat.org Anti Bullying Week Appropriate and inappropriate touch – Body Mat	Our Sustainable World – Carbon footprint /The Natural World. Welsh water resource pack. Operation Sustainable Futures Resource Pack.	Staying Smoke Free – www.healthyschools.wales Appropriate and inappropriate touch www.nspcc.org.uk	Healthy Eating Week BNF - (Hydration and sleep) www.britishnutritionfoundation.org.uk Risky Behaviours - www.healthyschools.wales	Human Life Cycles and changing responsibilities- Tyfu I fyny (Hwb) section 12

Cycling , P.E., Daily Mile		(A4) to be printed using Tyfu i Fyny - HWB				
	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz
YEAR 5 Gwent Wildlife Trust, Nurture Provision, KiVA, P.E., Daily Mile	Resisting Peer pressure - www.healthyschools.wales E-Bug Lesson - Vaccinations	Anti-social behaviour I Didn't Think www.schoolbeat.org Anti Bullying Week	Alcohol, Effects and Risks - www.healthyschools.wales	Summing Up – Keeping Safe, What Strategies Can We Use? - www.healthyschools.wales	Healthy Eating Week BNF - (Hydration and sleep) www.britishnutritionfoundation.org.uk The Human Body- Main organs and their functions Puberty- Sense CD Rom KS2 Section 1 Health/puberty/hygiene	Sense CD-ROM, Growing Up and Keeping Safe – Section 3 – Hobbies: Gender Stereotyping
	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz
YEAR 6 Gwent Wildlife Trust, Nurture Provision, KiVA, Crucial Crew, Wings to Fly, P.E., Daily	Using 'Goodnight Mr Tom' to address the themes of domestic abuse, child abuse and mental health. E-Bug Lesson, Antibiotic Use and Medicine	Internet Safety and Cyberbullying- Be Cybersafe www.schoolbeat.org Anti Bullying Week Legal and Illegal Substances - www.healthyschools.wales	Dementia. 'Pluen' Re cap Puberty- Sense CD Rom KS2 Section 1 Health/hygiene/puberty	Internet Safety/Cyber Bullying – Be Cyber Safe – www.schoolbeat.org Legal Perspectives - www.healthyschools.wales	Healthy Eating Week BNF - (Hydration and sleep) www.britishnutritionfoundation.org.uk Conception/Hwb- Tyfu I fyny resources Section 5 – Periods, Section 7- Reproductive	Immigration-story 'The arrival' Pregnancy and Birth- Hwb Tyfu I fyny sections 9- Development of the baby, 11-the birth

Mile					organs, 8- Conception	
	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz	E-safety – CEOP CopyK@tz

Appendix 2

A Whole School Approach to RSE: Audit Tool

This checklist is primarily for the use of the designated member of the senior leadership team with overall responsibility for managing holistic RSE provision.

Success Criteria	<i>Fully in place</i>	<i>Partly in place</i>	<i>Not in place</i>
Leadership and Communication			
A member of the senior leadership team has overall responsibility for RSE.	x		
There is a member of staff who coordinates the delivery of RSE.	x		
There is a named governor for RSE.	x		
The school has an up-to-date RSE policy which has been developed by staff in consultation with learners and parents governors and has been agreed by the governing body	x		
The sex education policy has been disseminated to all members of the school community, including parents/carers and visitors involved in the delivery of RSE.		x	
All staff involved in the delivery of the RSE programme receive appropriate training and support.	x		
The school shows flexibility in the RSE programme to respond to locally and nationally identified needs.	x		
Arrangements for managing parental requests to withdraw their child from sex education are followed.	x		
Curriculum			
RSE curriculum overviews have been developed clearly identifying progression steps.	x		
Resources are carefully selected for their suitability and are reviewed for their effectiveness.	x		
A range of teaching and learning strategies are	x		

used which encourage participation with opportunities for learners to develop positive values, skills and attitudes around RSE.			
Assessing learners achievement in RSE is planned into the programme.		x	
Ethos and Environment			
Learners' views are taken into account regarding what is taught and how RSE is delivered.	x		
Learners feel safe in RSE lessons.	x		
The diverse experience of learners, such as vulnerable groups and those with additional learning needs are acknowledged and their RSE needs met.	x		
RSE is taught by trained, knowledgeable and confident staff.	x		
Secondary aged learners have access to appropriate local information, support and advice.	N/A		
Family and Community			
Parents / carers receive information on their child's learning in RSE	x		
Arrangements are in place for parents/carers to view RSE teaching materials.		x	
Information is provided to support parents / carers in their role as educators of RSE in the home.		x	
Contributions to RSE by external agencies support and enhance the RSE programme and do not replace teaching by school staff. Visitors comply with school policy.		x	
<u>Next steps</u> <u>Look at progress points of SRE</u>			
Completed by: Emma Pawson-Williams Date: 18.10.19			

(Adapted from Welsh Government Circular No: 019/2010, Sex Education Forum 'Whole School RSE Audit Tool': 2018 and WNHSS National Quality Award)